

Aquatic Therapy Post-Bachelor Modular Course Package

Sunday May 13 – Friday May 25, 2012

Postgraduate Study Centre Valens, Rehabilitation Clinics Valens, CH-7317 Valens.

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In partnership with the:

Faculty of Rehabilitation Sciences, KU Leuven, Belgium (AquaOutcome network)
Dutch Institute of Allied Health Care NPI, Netherlands
Aquatic Therapy Section of the Association of Chartered Physiotherapists - ATACP (UK)
Australian Physiotherapy Association Aquatic Physiotherapy Group
South African Society of Physiotherapy Aquatic Physiotherapy Group
Association IATF (International Aquatic Therapy Foundation)

NEW: ECTS and CAS status through a credit contract with Leuven University (5 ECTS) as well as with SUPSI University of Applied Sciences (10 ECTS). For citizens of Erasmus participating countries only.

Detailed information:

Johan Lambeck. Email: lambeck@freeler.nl or for .pdf flyers: www.halliwicktherapy.org at the opening page.

Faculty: Urs Gamper, Anne Bommer, Johan Lambeck, Matthias Brunner and guest-lecturers

Our guest-lecturers in 2012:

Alison Skinner PT, Senior lecturer in Physiotherapy. Consultant in Aquatic Physiotherapy. ATACP recognised tutor / examiner and a Guest lecturer on the new Hertfordshire University M level module on Aquatic Therapy.

Ann Thomson PT, Formerly Director Post Graduate Physiotherapy Studies UCL. Consultant in Post Graduate Education for the ATACP and examiner for the ATACP Foundation Course.

The 12th edition continues to present the state-of-science in aquatic (physical) therapy. Updated contents provide students with a comprehensive picture of current research that supports hypothesis-oriented algorithmic decision making, clinical reasoning, problem-solving and goal-setting in aquatic therapy, according to HOAC-2. This intensive postgraduate aquatic therapy course (127.7 academic contact hours) is unique in the world. The basis is "learning-by-reasoning-and-doing": pool practice encompasses 83.7 hours. Five aquatic treatment concepts form the practical implementation of an evidence based and competence guided approach to therapy. Participants will experience a variety of patients during 5 hands-on sessions in the pool, supervised by the lecturers.

Included are a: login's to www.halliwicktherapy.org and www.badragazringmethod.org , a detailed hardcopy handout, DVD/CD of Clinical Ai Chi, examination fee and beverages during the morning – and afternoon breaks.

Concepts:

- Halliwick®-Therapy: **the** Aquatic Motor Relearning Programme
- The Bad Ragaz Ring Method®: muscular activation concepts in movement chains
- Aqua-T-Relax, passive relaxation including e.g. neurodynamics and spinal mobilisation
- Clinical Ai Chi® focused on postural control and influencing connective tissue + DVD/CD
- Aquatic Fitness: focused on measurement, music and falls prevention
- Theoretical framework: Evidence Based Clinical Practice, the ICF, Dynamic Systems Model, HOAC

The Halliwick and Bad Ragaz modules are certification modules with examination

Testimonials of participants can be seen at: www.halliwicktherapy.org

IATF

The Association "International Aquatic Therapy Foundation" is based in Valens, Switzerland.

It is a charity aiming at the initiation, stimulation and development of aquatic therapy across the world. In order to achieve this aim, the association has created subgroups that are focused on the specific development of concepts and techniques, see the logos underneath.



Clinical Ai Chi Group



Int. Halliwick Therapy Network



Bad Ragaz Ring Method Foundation